






MIND BODY AND SLEEP

 **EAST POINT** COLLEGE OF MEDICAL SCIENCES & RESEARCH CENTRE



International Day of Yoga
MIND, BODY & SLEEP

Organized by
Department of Physiology in collaboration with **Department of Anatomy**

 **21st JUNE, 2023**  **9 AM to 4 PM**  **LECTURE HALL 2, EPCMSRC**





